

Program at-a-glance
CPS Lifelong Learning in Paediatrics
October 25-27, 2019 (King City, Ontario)

Co-chairs: Mark Messenger, MD and Daphne Korczak, MD

Friday, October 25 (5.5 study credits)

- 0730 Registration opens
- 0730 Hot buffet breakfast (restaurant)
- 0830 Welcome and announcements
- 0840 General lecture
Update on mental health epidemiology among youth
Peter Szatmari, MD
- 0930 Question/answer session
- 0940 Recognizing depression in children and adolescents
Daphne Korczak, MD
- 1010 Paediatric somatization
Claire De Souza, MD
- 1040 Health break (Foyer)
- 1100 Impact of concurrent substance use on mental health disorders
Martin Gignac, MD
- 1130 Making sense of psychoeducational reports
Paulo Pires, MD, PhD
- 1200 Luncheon symposium
Co-developed with Recordati Rare Diseases Canada (Auditorium)
- 1320 Concurrent workshops
- 1. **W1:** Disruptive behaviour in preschool children
Alice Charach, MD
- 2. **W2:** Paediatric somatization
Claire De Souza, MD
- 3. **W3:** Dialectical behaviour therapy (DBT) for office use: Dialing down dysregulation – principles to treat self-harm and suicidal thinking
Marjorie Robb, MD
- 4. **W4:** Non-pharmacologic interventions for anxiety
Nicola Keyhan, MD
- 5. **W5:** Complex attention deficit hyperactivity disorder (ADHD) diagnosis and treatment
Daniel Gorman, MD
- 6. **W6:** Complex polypharmacy in mood disorders
Martin Gignac, MD
- 1450 Adjournment

Saturday, October 26 (4.5 study credits)

- 0730 Registration opens
- 0730 Hot buffet breakfast (restaurant)
- 0830 Welcome and announcements
- 0840 General lecture
Youth self-harm and suicide
Daphne Korczak, MD
- 0930 Question/answer session
- 0940 Sleep in children with mental health disorders
Shelley Weiss, MD
- 1010 Emotional dysregulation
Roberto Sassi, MD, PhD
- 1040 Health break (Foyer)
- 1100 Promoting mental health and well-being in LGBTQ youth
Albina Veltman, MD
- 1130 Videogame and online addiction: Cause for concern
Jeffrey Derevensky, PhD
- 1200 Hot buffet lunch (restaurant)
- 1300 Concurrent workshops (repeated from Friday)
- 1430 Adjournment

Sunday, October 27 (3.0 study credit)

- 0700 Registration opens
- 0700 Hot buffet breakfast (restaurant)
- 0745 Concurrent workshops (repeated from Friday)
- 0915 Health break (Foyer)
- 0940 Welcome and announcements
- 0950 'Hot topics' panel
Course faculty deliver a 10-minute 'quick hit' presentation highlighting the latest developments in their area of interest.
- 0950 Hot topic 1
Alice Charach, MD
- 1000 Hot topic 2
Claire De Souza, MD
- 1010 Hot topic 3
Trauma treatment and DBT
Marjorie Robb, MD
- 1020 Hot topic 4
Daniel Gorman, MD
- 1030 Hot topic 5
Martin Gignac, MD
- 1040 Ask the experts (panel discussion)
- 1100 Closing plenary
Expert panel on mental health advocacy: Key directions
Speakers tbc
- 1130 Closing remarks
- 1135 Adjournment

Modified: February 12, 2019