

Program at-a-glance
CPS Lifelong Learning in Paediatrics
October 25-27, 2019 (King City, Ontario)

Co-chairs: Mark Messenger, MD and Daphne Korczak, MD

Friday, October 25 (5.5 study credits)	Saturday, October 26 (4.5 study credits)	Sunday, October 27 (3.0 study credit)
0730 Registration opens	0730 Registration opens	0700 Registration opens
0730 Hot buffet breakfast (restaurant)	0730 Hot buffet breakfast (restaurant)	0700 Hot buffet breakfast (restaurant)
0830 Welcome and announcements	0830 Welcome and announcements	0745 Concurrent workshops (repeated from Friday)
0840 General lecture Update on mental health epidemiology among youth <i>Peter Szatmari, MD</i>	0840 General lecture Youth self-harm and suicide <i>Daphne Korczak, MD</i>	0915 Health break with exhibits (Foyer)
0930 Question/answer session	0930 Question/answer session	0940 Welcome and announcements
0940 Recognizing depression in children and adolescents <i>Daphne Korczak, MD</i>	0940 Sleep in children with mental health disorders <i>Shelley Weiss, MD</i>	0950 'Hot topics' panel Course faculty deliver a 10-minute 'quick hit' presentation highlighting the latest developments in their area of interest.
1010 Paediatric somatization <i>Claire De Souza, MD</i>	1010 Emotional dysregulation <i>Roberto Sassi, MD, PhD</i>	0950 Hot topic 1 <i>Alice Charach, MD</i>
1040 Health break with exhibits (Foyer)	1040 Health break with exhibits (Foyer)	1000 Hot topic 2 <i>Claire De Souza, MD</i>
1100 Impact of concurrent substance use on mental health disorders <i>Martin Gignac, MD</i>	1100 Promoting mental health and well-being in LGBTQ youth <i>Albina Veltman, MD</i>	1010 Hot topic 3 Trauma treatment and DBT <i>Marjorie Robb, MD</i>
1130 Making sense of psychoeducational reports <i>Paulo Pires, MD, PhD</i>	1130 Videogame and online addiction: Cause for concern <i>Jeffrey Derevensky, PhD</i>	1020 Hot topic 4 <i>Daniel Gorman, MD</i>
1200 Luncheon symposium Co-developed with Recordati Rare Diseases Canada (Auditorium)	1200 Hot buffet lunch (restaurant)	1030 Hot topic 5 <i>Martin Gignac, MD</i>
1320 Concurrent workshops	1300 Concurrent workshops (repeated from Friday)	1040 Ask the experts (panel discussion)
1. W1: Disruptive behaviour in preschool children <i>Alice Charach, MD</i>	1430 Adjournment	1100 Closing plenary Expert panel on mental health advocacy: Key directions <i>Speakers tbc</i>
2. W2: Paediatric somatization <i>Claire De Souza, MD</i>		1130 Closing remarks
3. W3: Dialectical behaviour therapy (DBT) for office use: Dialing down dysregulation – principles to treat self-harm and suicidal thinking <i>Marjorie Robb, MD</i>		1135 Adjournment
4. W4: Non-pharmacologic interventions for anxiety <i>Nicola Keyhan, MD</i>		
5. W5: Complex attention deficit hyperactivity disorder (ADHD) diagnosis and treatment <i>Daniel Gorman, MD</i>		
6. W6: Complex polypharmacy in mood disorders <i>Martin Gignac, MD</i>		
1450 Adjournment		

Modified: November 26, 2018