



**Canadian Paediatric Society  
86<sup>th</sup> Annual Conference  
The Westin Ottawa**

**Conference highlights for media**

Events will be held at The Westin Ottawa, Ottawa, Ontario. A final conference program will be available on-site. The media room is located in the Manitoba room on the Westin's second floor.

**Tuesday, June 23, 2009**

**0700-1130**

**What's new in neonatology?**

*Examine the clinical, societal and ethical issues associated with assisted reproduction and multiple births.*

**0800-1130**

**When things go wrong: Disclosure of adverse events to patients**

*Canadian guidelines have been developed to assist physicians in communicating with patients and families when an adverse event has occurred.*

**0800-1130**

**Practical approach to cognitive behavioural therapy in the paediatrician's office**

*Cognitive behavioural therapy (CBT) as applied to adolescents with mood and anxiety disorders.*

**0800-1130**

**Child health and the environment: What the paediatrician really needs to know**

*Review common potential environmental exposures and identified environmentally-related disorders such as asthma and neurodevelopmental disorders.*

**0800-1130**

**Respiratory health in Aboriginal children**

*From lung disease of prematurity, to RSV disease, pulmonary aspiration, tuberculosis and idiopathic bronchiectasis: Canada's Aboriginal children are known to be more at risk for respiratory disease relative to other Canadian children. This session, will focus on identifying which factors are more to blame for the discrepancy with the aim of uncovering best practices.*

**0900-1130**

**Getting to the podium: Elite child athletes**

*More children are becoming heavily involved in sports at elite levels of competition. This predisposes them to injury, overtraining and the potentially negative psychological consequences of competition.*

**1330-1500**

**Concurrent Seminars 1**

- **A. Strategies for improving patient safety and professional liability for paediatricians**  
*The three most common reasons Canadian paediatricians who care for hospitalized children develop medico-legal difficulties?*
- **B. Paediatric care of the autistic child for the community paediatrician**  
*Controversies regarding etiology and the management of autism.*
- **C. Practical approaches to adolescents with alcohol and other substance abuse problems**  
*Overview of current trends in adolescent substance use and abuse.*
- **D. Complementary alternative medicine: What works, what doesn't**  
*The risks and benefits of the top five non-medical alternatives: prebiotics and probiotics, herbal preparations, chiropractic care, naturopathy and homeopathy.*

**15:30-17:00: Opening Ceremonies**

Keynote Speaker: Chantal Petitclerc

Presentation of 2009 Allan Ross Award

**Wednesday June 24, 2009**

**0900-1030**

**Poster Session**

*Presenters will be in attendance during this time period to discuss their work. Posters will be available for viewing until 1700 hours.*

1330-1500

**Concurrent Seminars 2**

- **A. Internet and new technology risks for children and youth**  
*Highlight risks related to the use of the Internet and new technologies.*
- **B. Our role in ensuring health for all Canadian children and youth: Exploring the causes of poor health**  
*Review the priority areas for action in Canada and discuss the role paediatricians and other health professionals can play in creating change.*
- **D. Have you heard? Innovations in hearing: What you need to know in 2009**  
*Hearing loss is the most common congenital disorder. Examine current innovations in hearing screening, including the process of universal newborn hearing screening (UNHS).*
- **E. Neurodevelopmental sequelae of preterm birth**  
*Lesions in the cerebella of preterm infants are not uncommon and are associated with an increased risk of pervasive neurodevelopmental disabilities. Because autism spectrum disorders are also becoming increasingly recognized in preterm infants, health care providers should consider early screening for these conditions.*

**1500-1645 Poster session**

*Presenters will be in attendance during this time period to discuss their work. Posters will be available for viewing until 1700 hours.*

**Thursday, June 25, 2009**

1000-1130

**Concurrent Seminars 3**

- **A. Opportunities and challenges of global paediatric HIV therapy**  
*The scope of paediatric HIV care will be introduced and the challenges of scaling-up therapy in resource limited settings will be discussed.*
- **B. Successful strategies for caring for kids with complex care needs in Canada**  
*Paediatricians are increasingly faced with the challenge of caring for children with complex medical issues. Innovative models of care are rapidly evolving.*
- **C. Keeping babies and toddlers safe: Product safety update**  
*Update on consumer product safety on common or once common toys/items that have been recalled but remain in use (i.e., wheeled walkers, cars seats > 5 years old, children's clothing that is not fire retardant, children's furniture and so on).*

- **D. Recent headlines in the news: Controversies in inflicted head trauma**  
*Important Canadian epidemiological data on the high morbidity and mortality rates of abusive head injuries and the current controversies.*

**1330-1430**

**Platform Abstract Presentations A, B**

*Oral abstract presentations of new paediatric research will be featured.*

**1330-1500**

**Concurrent Workshops 1**

- **W1 Child sexual abuse: Medical and psychosocial perspectives**  
*Review pitfalls in the interpretation of the genital exam of pre-pubertal children suspected of being victims of sexual abuse. Will focus on the diverse psychological profiles of children reporting sexual abuse.*

**Friday, June 26, 2009**

**20th Anniversary of the UN Convention on the Rights of the Child**

*This session will examine the current situation with respect to children's rights, review progress made and outline barriers that still must be overcome to ensure child rights are protected.*

**1345-1445**

**Platform Abstract Presentations C, D**

*Oral abstract presentations of new paediatric research will be featured.*

**1345-1515**

**Concurrent Workshops 2**

- **W4 Ongoing challenges for the childhood cancer survivor**  
*At least two thirds of survivors live with one or more chronic health conditions. This workshop will review the physical and emotional sequelae of cancer therapy, provide resources for risk-based, survivor-focused care and highlight the critical role of the paediatrician in screening and anticipatory guidance.*
- **W5 Autism Spectrum Disorders: Current best practice in diagnosis and treatment**  
*Canadian best practice guidelines for early identification of autism spectrum disorders (ASDs).*

**1700-1900:**

**The 5th Annual Practice What You Preach 5K Walk/8K Run raises money for Healthy Generations, the foundation of the CPS.**

**Saturday, June 27, 2009**

**0830-1000**

### **Concurrent Workshops 3**

- **W6 Teen talk: The role of effective communication in improving outcomes**  
*Addressing the challenges (and joys) of caring for adolescents.*
- **W9 Is there a doctor on board? What to do when called to a medical emergency in-flight**  
*Common medical scenarios onboard aircraft and how to manage them.*

**1015-1215**

### **Paediatric Update**

*The paediatric update features presentations on some of the timeliest issues in paediatrics.*

- CMV: Can we reduce the harm from this congenital infection?
- Danger ahead: Codeine and breastfeeding
- Storm over statins: Should children receive these drugs?
- Stimulants in ADHD: Do all children need cardiac screening?
- Personal stereo systems: A time bomb for hearing loss
- State of the art in topical analgesics