

QDPE Report Card



Does your child's school make the grade?

Yes No

- Does the school provide a minimum of 150 minutes of class instruction/activity periods per week per student?
- Are lessons well planned, incorporating a wide range of activities?
- Does the program encourage participation of all students in each class, regardless of age and ability?
- Is there an emphasis on skill development, enjoyment, success, fair play, self-fulfillment and personal health?
- Are activities and lessons appropriate for the age and stage of each student?
- Do activities and lessons include opportunities to enhance cardiovascular systems, muscular strength, endurance and flexibility?
- Does the program provide opportunities for all students to participate in school intramural activities?
- Are teachers qualified and enthusiastic? Are children learning new physical skills?
- Does the school provide a safe learning environment for physical activity?
- Does your child look forward to physical education classes?

Ten "yes" answers means your school provides a QDPE program. Congratulate the principal and staff. If you answered "no" to any of these questions, contact the principal to request changes.

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